

Ole.Fit

LAPPEENRANTA

LAITELISTA

hcpro

FREEMOTION

AEROBISET LAITTEET:

FREEMOTION i22.9 INCLINE TRAINER

<https://freemotionfitness.com/cardio-machine/i22-9-incline-trainer/>

FREEMOTION t22.9 REFLEX TREADMILL

<https://freemotionfitness.com/cardio-machine/t22-9-reflex-treadmill/>

FREEMOTION u22.9 UPRIGHT BIKE

<https://freemotionfitness.com/cardio-machine/u22-9-upright-bike/>

FREEMOTION COACHBIKE™

<https://freemotionfitness.com/cardio-machine/coachbike/>

Ole.Fit

LAPPEENRANTA

PAINOPAKKALAITTEET:

FREEMOTION SELECTORIZED LEG PRESS

<https://freemotionfitness.com/strength-machine/leg-press/>

FREEMOTION SELECTORIZED GLUTE

<https://freemotionfitness.com/strength-machine/glute/>

FREEMOTION SELECTORIZED LEG EXTENSION

<https://freemotionfitness.com/strength-machine/leg-extension/>

FREEMOTION SELECTORIZED LEG CURL

<https://freemotionfitness.com/strength-machine/leg-curl/>

FREEMOTION SELECTORIZED PRONE LEG CURL

<https://freemotionfitness.com/strength-machine/prone-leg-curl/>

FREEMOTION SELECTORIZED HIP ADDUCTION / ABDUCTION

<https://freemotionfitness.com/strength-machine/hip-adduction-abduction/>

FREEMOTION SELECTORIZED CHEST PRESS

<https://freemotionfitness.com/strength-machine/chest-press/>

FREEMOTION SELECTORIZED SHOULDER PRESS

<https://freemotionfitness.com/strength-machine/shoulder-press/>

FREEMOTION SELECTORIZED LAT PULLDOWN / HIGH ROW

<https://freemotionfitness.com/strength-machine/lat-pulldown-high-row-2/>

FREEMOTION SELECTORIZED SEATED ROW

<https://freemotionfitness.com/strength-machine/seated-row/>

FREEMOTION SELECTORIZED BACK EXTENSION

<https://freemotionfitness.com/strength-machine/back-extension/>

Ole.Fit

LAPPEENRANTA

PAINOPAKKALAITTEET:

FREEMOTION SELECTORIZED LATERAL RAISE

<https://freemotionfitness.com/strength-machine/lateral-raise/>

FREEMOTION SELECTORIZED BICEPS CURL

<https://freemotionfitness.com/strength-machine/biceps-curl/>

FREEMOTION SELECTORIZED TRICEPS EXTENSION

<https://freemotionfitness.com/strength-machine/triceps-extension/>

FREEMOTION SELECTORIZED ABDOMINAL CRUNCH

<https://freemotionfitness.com/strength-machine/abdominal-crunch/>

FREEMOTION SELECTORIZED FLY / REAR DELT

<https://freemotionfitness.com/strength-machine/pec-fly-rear-delt/>

HC PRO PARAS RINTATUELLINEN SELKÄLAITE

<https://www.hcpro.fi/9354-hc-pro-seated-row>

HC PRO PAINOPAKALLINEN YLÄSELKÄKONE

<https://www.hcpro.fi/hc-pro-front-lat-pulldown-machine>

HC PRO PENKKIKONE ISTUEN

<https://www.hcpro.fi/9351-hc-pro-chest-press-bench-press-machine>

HC PRO POHKEET SEISTEN

<https://www.hcpro.fi/15195-calf-raise-donkey-raises>

HC PRO RINTA- JA OLKAPÄÄKONE

<https://www.hcpro.fi/16452-chest-and-shoulder-press-combo-machine>

HC PRO OLKAPÄÄKONE

<https://www.hcpro.fi/14695-shoulder-press-machine-with-helper>

HC PRO ERIKOISTUKEVA JALKAPRÄSSI

<https://www.hcpro.fi/hc-pro-d3-leg-press>

HC PRO JALKAPRÄSSI

<https://www.hcpro.fi/hc-pro-megajalapress>

Ole.Fit

LAPPEENRANTA

VIPUVARSILAITTEET:

FREEMOTION PLATE LOADED LEG PRESS

<https://freemotionfitness.com/strength-machine/coming-soon-plate-loaded-leg-press/>

FREEMOTION PLATE LOADED SQUAT

<https://freemotionfitness.com/strength-machine/coming-soon-plate-loaded-squat/>

FREEMOTION PLATE LOADED BELT SQUAT

<https://freemotionfitness.com/strength-machine/belt-squat/>

HC PRO HACK-KYYKKY JA POHJELAITE

<https://www.hcpro.fi/15386-hack-squat-machine>

HC PRO PENDULUMKYYKKYKONE

<https://www.hcpro.fi/15380-deep-squat-machine>

HC PRO MAVE-KOHAUTUS / YHDEN JALAN KYYKKYKONE

<https://www.hcpro.fi/hc-pro-g2-combo-leg-extension-leg-curl-trapezius-machine>

HC PRO VIIKINKIPUNNERRUS SEISTEN

<https://www.hcpro.fi/hc-gym-shoulders-rack>

Ole.Fit

LAPPEENRANTA

TALJAT, PENKIT:

FREEMOTION GENESIS DUAL CABLE CROSS

<https://freemotionfitness.com/strength-machine/dual-cable-cross/>

HC PRO KITKATON ALATALJA

<https://www.hcpro.fi/9328-long-pulley-150-300-kg>

HC PRO KITKATON YLÄTALJA

<https://www.hcpro.fi/hc-pro-ulatombeplokk-100-250kg>

HC PRO RISTIKKÄISTALJA

<https://www.hcpro.fi/hc-pro-ristiblokk-korguse-reguleerimisega>

HC PRO ALAKALTEVAPENKKI

HC PRO SELÄNOJENNUSPENKKI

HC PRO VATSA- JA JALANNOSTOPENKKI

HC PRO LANTIONNOSTOPENKKI

HC PRO HEAVY DUTY TASAPENKKI

HC PRO SÄÄDETTÄVÄ VINOPENKKI

HC PRO RINTATUELLINEN KULMASOUTU - HYLJEPENKKI

FORZIA PYSTYPUNNERRUSPENKKI

FORZIA VINOPUNNERRUSPENKKI

Ole.Fit

LAPPEENRANTA

MUUT:

KÄSIPAINOT 1 - 10 kg

KÄSIPÄINOT 2,5 - 50 kg

HC PRO VOIMANOSTOTANKO IPF-SÄÄNNÖILLÄ

HC PRO OLYMPIC KOVAKROMATTU PAINONNOSTOTANKO

HC PRO MAASTAVETOTANKO

HC PRO SAFETY KYKKYTANKO

HC PRO MAASTAVETOTANKO

HC PRO TAIVUTETTU KYKKYTANKO

HC PRO KESKELTÄ TAIVUTETTU PENKKI JA SOUTUTANKO

HC PRO TRAP BAR DEADLIFT - MAASTAVEDON ERIKOISTANKO

HC PRO SWISS BAR - MONIOTETANKO

HC PRO HAUISTANKO

Ole.Fit

LAPPEENRANTA